How to Find a Provider
Capistrano Unified School District: UHC

Why a PCP is Important

First select either the **UHC HMO plan that you are interested in** or the **medical group** you want to enroll in. The final step is to choose your Primary Care Provider (PCP).

Having a PCP is an important way to help you stay healthy. You and your PCP will work as a team, along with nurses, pharmacists, and other health care providers, to manager your overall health status. If your health changes, your PCP will be more likely to recognize it, as he or she will be familiar with you and your medical history. Your PCP can use this knowledge to advise you on appropriate treatments, and help you make medical decisions that suit your lifestyle and daily habits.

If you do not have a PCP, or you're not comfortable with the doctor you have, think about choosing a new one.

Find your PCP using the online Provider Directory

Search for a PCP or other health care professional by name, specialty or ZIP Code using the instructions below. You can get the office locations, enrollment information, driving directions, the Medical Enrollment ID Number and more by following the below directions:

1. Go to **whyuhc.com/csveba**.
2. Click **Search for a Provider** which is located near the top of the page.
3. Scroll down to find the plan you are considering.
4. Click on the desired plan(s): **Signature Value Harmony** (HMO $10), **SignatureValue CS VEBA Alliance** (CS VEBA Alliance HMO $10)**, Journey HMO** (Harmony HMO Journey w/ HRA *or* CS VEBA Alliance HMO Journey w/ HRA) and click **Okay.**
5. Select **Change Location** and enter your **ZIP code** and click **Update Location**.
6. Now you can **search by Name, Specialty or Medical Group** by entering the information in the **search box** or by **clicking on the icons** below to search by category.
7. **Get the Medical Group ID (10-digit #)** from the Enrollment or Locations tab for the doctor selected to enter on your enrollment form or on-line enrollment during Open Enrollment.

Steps to consider when choosing your doctor

Figure out what kind of doctor will best meet your needs.

- **Family and general practitioners** care for a wide range of health concerns. They may be able to treat family members of any age.
- **Internists** treat adults and may have additional training in specialties such as cardiology.
- **Pediatricians** provide care to children and adolescents.
- **Geriatricians** specialize in the care of older adults.

<p style="text-align:center; color:red">For further assistance call UHC at: (888) 586-6365</p>

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